

# HEALTH REPORT

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## SCALP ACUPUNCTURE BRINGS RELIEF FOR MS

Multiple Sclerosis (MS) is a progressive disease of the central nervous system that causes the disruption of communication between the brain and other parts of the body. It is a disease that can vary in degrees of caused debilitation, including numbness, tingling, blurred vision, tremors, loss of balance and muscle weakness. In its most advanced forms it can lead to permanent disability with a person being unable to write, speak or walk.

Many types of treatments have been tried over the years to help victims of MS. While there is no known cure for the disease, a specialized type of Acupuncture referred to as Scalp Acupuncture has been shown to provide success in the treatment of MS and some other central nerve system damages as well. Scalp Acupuncture is a modern Acupuncture technique that came into existence in 1971 which uses traditional needling methods in combination with western medical knowledge.

Although other types of Acupuncture administered to the body, ear or hands have provided some help, Scalp Acupuncture seems to be the more effective model in bringing about quicker and more immediate improvements to the MS victim. A recent investigation was conducted in Albuquerque, New Mexico, at the Southwest Rehabilitation Hospital and National Healthcare Center. In this study, 16 patients with limb pain were treated with Scalp Acupuncture. After only one treatment per patient, 8 of the 16 patients instantly showed significant improvement. Another 6 patients showed some improvement and only 2 patients showed no improvement. This meant an effective rate of 87 percent was achieved.

As a case in point, one 52-year-old woman diagnosed with MS in August 2007 was suffering from headaches, severe burning and stabbing pain throughout her body and could not stand still if her eyes were closed. Neither could she stand on one leg, turn around or walk from toe to heel, among other symptoms. Prescribed medications had provided very little change. This woman received Scalp Acupuncture and quickly began to feel the sensations of energy moving down her lower back followed by sensations of heat in her feet. Just 3 minutes later, the stabbing pains and burning sensation diminished, and after a 12 minutes, these stabbing and burning symptoms were almost completely gone. She could now stand comfortably with her eyes closed, and she was also able to stand on one leg and walk from toe to heel. She was soon telling people she felt like a "normal person" after only one Scalp Acupuncture treatment.

In another case, a 55-year-old woman in a wheel chair received treatment. Her condition had begun in the early 1990s and progressed to an MS diagnosis in 2002. She went through various stages of weakness in her legs during this time and eventually her condition worsened toward paralysis of parts of her body. Before receiving her Acupuncture treatment, she was examined and it was found that she could not stand up unassisted due to muscle weakness, was unable to lift her right foot and she had to drag it behind her if attempting to walk. Treatment involved 4 needles inserted into her scalp. Soon she experienced some tingling and electrical sensations in both of her legs. Five minutes later she felt the urge to move both legs. After exercising her legs by bending and extending them, she was able to stand up straight and walk. Although it took a lot of effort, she was amazed to be able to walk. At first she needed two people to assist her, then only one person, and finally she was able to walk by herself.

Scalp Acupuncture has been demonstrated to be an accessible, cost effective and safer way of treating MS than many other methods. It is a treatment approach that can both slow the onset of the disease and reverse the physical disabilities it causes. More study is called for, but these cases show that Scalp Acupuncture can achieve positive results.